**ALEXANDER HELPER**

City, State Zip

Cell Phone

PSU Email

www.linkedin.com/in/yourname

**EDUCATION**

The Pennsylvania State University, Center Valley, PA December 2019

Bachelor of Science in Psychology GPA: 3.8

Honors Program, Dean’s List: All Semesters

**PSYCHOLOGY EXPERIENCE**

KidsPeace, Orefield, PA May 2019 - Present

*Mental Health Technician*

* Support 11 clients and ensure that they are following the program outlined in their treatment plan
* Manage client safety in the milieu by keeping track of their location and monitoring their activities
* Regulate client behavior using a point system to keep them on track and discourage negative behaviors
* Mediate between clients to help solve issues and disputes
* Encourage clients to follow and participate in all aspects of programming
* Document case notes and assessment of client progress daily

Salisbury Behavioral Health; Unity House, Bethlehem, PA May 2019 - August 2019

*Psychiatric Rehabilitation Intern*

* Oversaw programming for clients during a weeklong series, initiated a plan for each event while facilitating participation and assumption of leadership roles
* Completed outreach calls to consumers to check in on progress and follow up in instances of absenteeism
* Coordinated with Program Director of Behavioral Health and Rehabilitation Services to plan for weekly registration, classes focused on supporting individuals with various mental health diagnosis
* Communicated with supervisor on Case Records for all clients, providing feedback on observations and notes

The Pennsylvania State University, Center Valley, PA January 2019 - May 2019

Applied Social Psychology  
*Survey of Diet and Product: Class research project with local startup company, Factor, LLC for their brand of Mikey’s*

* Consulted with Factory LLC and Mikey’s food brand representatives to discuss research objectives to evaluate consumer insight regarding Mikey’s products
* Developed a survey that focused on the claims and effectiveness, of Mikey’s products, while also determining the consumer point of view on Mikey’s products and other dietary products that individuals use for their diet
* Gathered 142 participants and offered incentive for completion of survey
* Analyzed findings and drafted a report of the results
* Presented research and findings to Mikey’s brand representatives

The Pennsylvania State University, World Campus August 2018 - December 2018

Basic Research Methods in Psychology  
*Observational Study: Distracted Pedestrians and Likeliness of Endangerment at Crosswalk*

* Conducted an observational study to determine if distracted pedestrians encountered increased risk of danger while crossing the street
* Observed a busy intersection with heavy pedestrian and vehicle traffic over the course of one week
* Recorded data and entered it on Excel spreadsheet to compare with entire class

**ORGANIZATIONS**

Psi Chi International Honor Society Member October 2018 - Present *Member*

National Society of Collegiate Scholars Member October 2018 - Present

*Member*